

TO DETERMINE THE FREQUENCY OF HEPATIC VEIN VARIANTS IN NORMAL POPULATION: ROLE OF MDCT IN HEPATIC TRANSPLANTATION

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ABSTRACT

Objective: To determine the frequency of hepatic vein variants in normal population.

Study Design: Cross sectional study.

Place and Duration of Study: Department of Radiology, PAEC General Hospital, H-11/4 Islamabad, from Jul 2019 Dec 2020.

Methodology: Sample size of 190 patients was calculated using WHO calculator. Patients were selected through non probability consecutive sampling. MDCT Scan was done in venous phase at 65-70s after injection of approximately 2ml/kg contrast material. The scan range was from diaphragm till Ischium using straight gantry plane. Image reconstruction and reformatting in coronal and sagittal images was obtained. Data was analyzed with SPSS program version 20.0. Chi-square test was applied. *p*-value ≤ 0.05 was considered significant.

Results: Mean age was 35.56 ± 65.9 years with minimum and maximum of 25 & 45 years respectively. One hundred and thirty two (69.5%) patients were male and 58 (30.5%) patients were female respectively. One hundred and four (54.7%) of patients were of type I, 68 (35.8%) of patients were of Type II and 18 (9.5%) of patients were found with type III variant of hepatic vein. In age category (25-35 years.) Forty three, 26 and 7 were found with type I, II and III hepatic veins respectively. While in age category (36-45 years). Sixty one, 42 and 11 patients were found with type I, II and III variant of hepatic vein respectively. Further stratification with respect to age categories among the genders was done and tabulated.

Conclusion: The prevailing patterns of three hepatic vein in this study are 104 (54.7%) of patients were of type I, 68 (35.8%) of patients were of type II and 18 (9.5%) of patients were found with type II, variant of hepatic vein respectively. MDCT accurately assessed the vascular anatomy helpful to the transplantation surgeon.

Keywords: Cirrhosis, Hepatic vein, Liver transplant.

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INTRODUCTION

Liver transplantation is one of the greatest medical and surgical advances for the care of patients with hepatic failure. It has become an established treatment for cirrhotic patients with hepatic carcinoma (HCC). In the face of the scarcity of deceased donors livers, living donor transplantation become prevailing nowadays¹.

The advantages of live donor liver transplantation (LDLT) include a lack of preservation injuries and an ability to perform the procedure on an elective basis. When evaluating preoperative donor images, it is important to identify key anatomic variants that will affect the surgical techniques². For instance, hepatic segments cannot be transplanted separately because the transplanted liver tissues require arterial supply, venous drainage, and biliary outflow. The most important is to evaluate hepatic vein variants. Usually right hepatic vein (RHV) is the largest and drains major part of right hemi liver into IVC. The middle hepatic vein (MHV) drains segment IV, LHV predominantly drains

segments II and III³. Contrast enhanced computed tomography (CECT) has been shown to be a suitable diagnostic tool, and is being used in different centres throughout the world. Multidetector computed tomography (MDCT) is an essential part of pre-operative evaluation of potential liver donors. It is a non-invasive comprehensive evaluation tool that can show the hepatic vascular anatomic details with precise relationship to liver parenchyma.

The rationale of the study is to determine surgically significant hepatic vein variants in potential donors in our test population. Partial liver resection in living donor transplantation and treatment of hepatic tumours is major undertaking nowadays. Hence knowing the variants of hepatic vein variants is useful for both partial hepatectomy and donor operations for transplantation.

METHODOLOGY

The cross sectional study included 190 patient on non probability, consecutive sampling. The subjects were adults coming for CECT abdomen done in venous phase with age range between 25-45 years. Those being known cases of HCC, having pancreatic or peri

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pancreatic mass lesions, gastric mass lesions or budd chiari syndrome were excluded. The study was approved by the local Ethics Committee and informed consent was obtained from all participants. Patients came for routine abdominal CT scan with serum creatinine level <1.4 mg/dl and fasting for at least 4 hours. Oral contrast was given before examination at 60, 45, 30 and 15 minutes and immediately prior to scan. Scan was done in venous phase at 65-70s after injection of approximately 2 ml/kg contrast material. The scan range was from diaphragm till Ischium using straight gantry plane. Image reconstruction and reformatting in coronal and sagittal images was obtained. Data was analyzed with SPSS program version 20.0. Mean & standard deviation for age was calculated. Frequency and percentage for age and hepatic vein variants was calculated. Data were stratified for age and gender to address the effect modifier. Post stratification chi-square were applied to check the significance with *p*-value <0.05 enabled as significant.

RESULTS

All the data was collected, analyzed and tabulated through a well-defined proforma. The mean age was 35.56 ± 6.59 years with minimum and maximum of 25 & 45 years respectively. One hundred and thirty two (69.5%) patients were male and 58 (30.5%) patients were female respectively. Determining the types of variant of hepatic veins, 104 (54.7%) of patients were of type I, 68 (35.8%) of patients were of type II and 18 (9.5%) of patients were found with type III variant of hepatic vein.

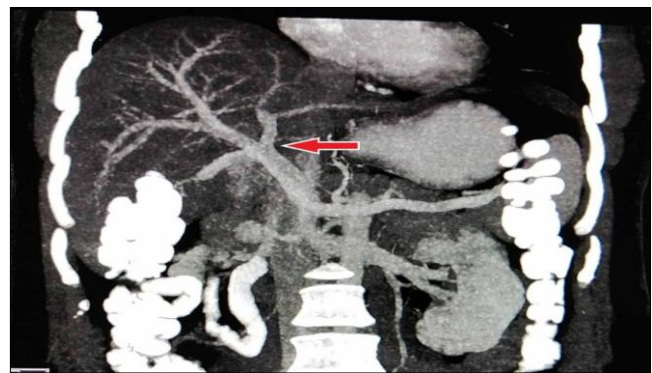


Figure-1: Contrast-enhanced CT MIP reconstructed coronal image showing the trifurcation of the main portal vein.

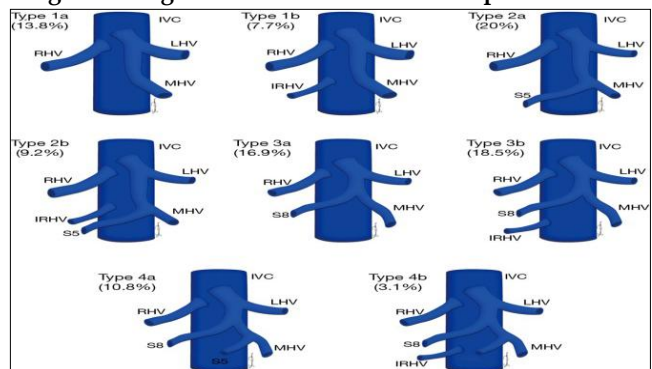


Figure-2: The most common hepatic vein anatomical variants and their incidence.

Patients with age 25-35 reported were 14, 8 and 5 with type I, II and III variant of hepatic veins respectively. While patients with age category 35-45 were 15, 15 and 1 patient with type I, II and III variant of hepatic vein respectively (table-II).

Table-I: Stratification among the variants of hepatic veins with respect to age among male.

n=190		Variant of Hepatic Veins			Total	p-value
		Type I	Type II	Type III		
Male	Age (25-35 years)	29	18	2	49	0.03
	Age (36-45 years)	46	27	10		
Total		75	45	12	132	

Table-II: Stratification among the variants of hepatic veins with respect to age among female.

n=190		Variant of Hepatic Veins			Total
		Type I	Type II	Type III	
Female	Age (25-35 years)	14	8	5	27
	Age (36-45 years)	15	15	1	31
Total		29	23	6	58

Stratification was done with respect to age and gender categories. In gender category (male) patients with age 25-35 reported were 29, 18 and 2 with type I, II and III variant of hepatic veins respectively. While patients with age category 35-45 were 45, 27 and 10 patients with type I, II and III variant of hepatic vein respectively (table-I). In gender category (female) pat-

DISCUSSION

A detailed preoperative evaluation of hepatic vascular and biliary anatomy is mandatory for the surgery to be successful considering the complexity of hepatobiliary system in the ever increasing number of liver transplantation and hepatic resection surgeries in the modern era. The aim is to choose the best surgical

approach, reduce complications and to identify the anatomy requiring special attention during surgery. Diagnostic imaging with Multidetector computed tomography (CT) and magnetic resonance (MR) imaging allows accurate and non-invasive preoperative evaluation of the hepatobiliary anatomy^{4,5}.

Conventional catheter angiography used previously to assess vascular anatomy is replaced by MDCT⁶. The technique is fast, has fewer potential complications, and allows a great amount of data to be obtained with one, although large, bolus of IV contrast material. Not only Hepatic vessels, liver parenchyma but adjacent organs, and soft tissues can also be assessed and volume determined all the important information for the transplantation team⁷.

More so, the data can be evaluated to produce multiplanar impressions, maximum intensity projections, and three-dimensional volume images for viewing and mapping⁸. Multidetector CT (MDCT), a non-invasive technique, has proven correlation with conventional angiography results without some of the negative effects of conventional angiography and reduction both in the cost and the radiation burden to the patient^{9,10,11,12}.

The most important surgical consideration in the preoperative evaluation of a potential donor for living liver transplantation is the course of the hemihepatectomy plane. The incision made is along a less vascular plane that divides the liver in left and right lobes and care must be taken to ensure adequate metabolic vitality to both of them. The major vessels traversing the hepatectomy plane must be preoperatively identified to avoid damage causing ischemic injury to the graft or the donor liver. A few of these anomalies may require alteration of the surgical procedure or may even contraindicate the surgery from the donors' perspective¹³.

An important aspect of successful living donor liver transplantation is maintenance of the balance between the blood supply and venous drainage of the graft. Venous congestion can catastrophically damage the graft, causing its failure. Hence, even small individual hepatic veins, which run along the parenchymal dissection plane, have to be carefully left intact or anastomosed¹⁴. Thus, the drainage pattern of the middle hepatic vein must be thoroughly evaluated.

The liver drains into the suprahepatic part of the inferior vena cava and retrohepatic inferior vena cava respectively¹⁵. Out of all the three major hepatic veins, the right hepatic vein is most variable in its size owing

to the variable contribution of the middle hepatic vein to the drainage of segments V and VIII as well as presence of an accessory right inferior (30%) and/or middle hepatic vein (10%)¹⁶. The middle hepatic vein drains some of segment V also but variably intrahepatic venous anastomoses in segment VII have been reported in about 30% of adults¹⁷. The left hepatic vein drains segments II, III and IV and lies between the left medial and left lateral sectors of the liver. However, smaller veins draining segment II and, occasionally, the superior part of segment IV may directly enter into the inferior vena cava. All these variations in the venous system of the liver are very important during live donor and split liver transplantation.

In short MDCT scans with maximum intensity projections and three-dimensional mappings can accurately assess the vascular anatomy of liver donors prior to transplantation that is helpful to the transplantation surgeon. Vascular variants should be in the knowledge of the liver transplantation team by the radiologists to provide precise information¹⁸ which might make the surgeon to alter his surgical plan with, in extreme cases, exclusion of candidates because of the vascular anatomy based on CT data.

CONCLUSION

The prevailing patterns of three hepatic vein in this study are 104 (54.7%) of patients were of type I, 68 (35.8%) of patients were of type II and 18 (9.5%) of patients were found with type II variant of hepatic vein respectively. MDCT accurately assessed the vascular anatomy helpful to the transplantation surgeon.

CONFLICT OF INTEREST

This study has no conflict of interest to be declared by any author.

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