

PROF PERVAIZ RASHEED

Prof Pervaiz Rasheed SI(M) passed away on 1st November 2022. He was the first senior consultant in Rehabilitation Medicine and the Commandant of Armed Forces Institute of Rehabilitation Medicine (AFIRM) at Rawalpindi Cantt. The cause of death was Mesenteric Venous Thrombosis (MVT). He was 71 years old when he breathed his last.

Prof Pervaiz Rasheed was born at Lahore. His father was a Senior Civilian Ordnance Officer at GHQ Rawalpindi and was brother of Prof Azmat Rashid (Retd), Pulmonologist, Physician to the Prime Minister and DG Medicine, Pakistan Armed Forces.

Prof Pervaiz Rasheed graduated from King Edward Medical College in 1973, joined the Army Medical Corps and served at different Field Medical Units as a General Duty Medical Officer. He trained in General (internal) Medicine and became a Junior Medical Specialist and later obtained MCPS in Medicine from College of Physicians & Surgeons Pakistan (CPSP). In 1980s, he was posted to CMH Rawalpindi. At that time I was incharge of the Medical Division in the hospital.

Prof Perviaz Rasheed was a hard-working & conscientious physician. He was a soft-spoken person, had immense empathy for patients, had excellent bedside manners. He always kept abreast with the latest development in the discipline of Medicine and had excellent clinical approach with thorough history taking, physical examination, using only a few relevant investigations, to arrive at diagnosis. He had cost-effective approach for patients. As an example, he frequently prescribed 'Asprin' as an NSAID in place of the costly ones. In 1979, I visited China as a member of the Pakistan Medical Delegation and found Chinese

doctors using largely 'Asprin'. He kept good relations with the staff, had good administrative acumen and emotional intelligence. He did his FCPS in general (Internal Medicine) under my supervision. He later went to UK for training in Rehabilitation Medicine for two years at London Stoke Medieval Royal Air Force Rehabilitation Center. Upon his return, he was appointed Commandant of the newly established Armed Forces Institute of Rehabilitation Medicine. He worked very hard to develop the departments of the institute on modern lines. He trained many doctors in Rehabilitation Medicine.

While training for FCPS under me, he took keen interest in clinical work, journal clubs, clinoradiological and clinic-pathological meetings. After retirement, he established an Internal Medicine and Rheumatology Clinic at Islamabad. He was an ethical physician who did not fall prey to the virus of corruption widely prevalent in the medical profession in Pakistan. He readily helped poor patients in every way he could.

He is survived by his wife and two sons, one is a Consultant Physician at UK and the other is an Engineer.

May Allah bless his soul in Jannah! Ameen.

Prof Mahmud Ahmad Akhtar, HI (M)

Prof Emeritus Director General Medicine

Ex Principal, Army Medical College

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Former Surgeon-General Pak Army, DGMS (IS)