

GUIDELINES FOR AUTHORS

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EDITORIAL

Each editorial is written by one member of the editorial board as solicited by the editor. The editorial is scientific review on one or two of the current topics pertaining to medical sciences (preference is given to subjects pertaining to Army health problems).

SUBMISSION OF ARTICLE

Original Paper

Manuscript must be accompanied by a certificate signed by author and all co-authors that they have seen and approved the final version of the manuscript and they have not submitted the manuscript to any other journal. All manuscript should be typed in double spacing on A-4 paper (8.25" x 11.70" = 21.0 cms x 29.70 cms) white bond paper with one inch (2.5 cms) margin on both sides. The article words count should be in range 2000 - 2500 words (excluding references and abstract) with maximum 18-25 references and 3-5 figures or tables. If prepared on a word processor/computer, a properly protected, CD should be sent with the manuscript. Each manuscript should include:

1. Title page:

Please give complete title as well as a short title of the article

Name of author(s)

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Short running title for header

2. Structured Abstract:

Objective

Study Design

Place and duration of study

Patients and Methods

Results

Conclusion

Keywords 3-10 (Medical Subject Headings - MeSH) in alphabetical order

Abstract should be of 250 words

3. Text:

Introduction: This should summarize the purpose and the rationale for the study. It should neither review the subject extensively nor should it have data or conclusions of the study.

Patients and Methods: This should include exact method or observation or experiment. If an apparatus is used, its manufacturer's name and address should be given in parenthesis. If the method is established, give reference but if the method is new, give enough information so that another author is able to perform it. If a drug is used, its generic name, dose and route of administration must be given. Methodology section should contain (without headings) study design, place and duration of study, sample size, sampling technique, inclusion and exclusion criteria, data collection and analysis procedure. Statistical method must be mentioned and specify any general computer programme used. The info system used should be clearly mentioned.

Results: Must be presented in the form of text, tables and illustrations. The contents of the tables should not be repeated in the text. Instead, a reference to the table number may be given. Long articles may need sub-headings within some sections (especially the results and discussion parts) to

clarify their contents. Extra or supplementary materials and technical details can be placed in an appendix where it is accessible. It may be omitted from the printed version but may be published in the electronic version of the journal.

Discussion: This should emphasize present findings & the variations or similarities with other work done in the field by other workers. Detailed data should not be repeated in the discussion again. Emphasize the new and important aspects of the study and the conclusions that follow from them. It must be mentioned whether the hypothesis mentioned in the article is true, false or no conclusions can be derived.

Conclusion: Should be in line with the objectives and results and should be same as given in abstract.

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Authors Contributions: Authorship credit should be based on:

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- In case of more than one author in a manuscript, the contributions of each person listed as author in the study should be mentioned.

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References: **Fifty Percent References** should be **last five years** and all references listed consecutively as numerical in parentheses. The final bibliography should be in the order in which they are quoted in the text and written in Vancouver Style). References appearing in a table or

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Journals: Standard journal article. (List all authors when six or less; when seven or more, list only first six and add et al)

You CH, Lee KY, Chey WY, Manguy R. Electrogastrographic study of patients with unexplained nausea, bloating and vomiting. *Gastroenterology* 1980; 79: 311-4.

Chapter in a book: Weinstein L, Swartz MN. Pathogenic properties of invading micro organisms. In: Sodeman WA Jr, Sodeman WA, eds. *Pathologic physiology: mechanisms of disease*. WB Saunders, Philadelphia 1974; 457-72.

4. Tables and Figures: 3-5 figures and or tables are allowed (each table, complete with legends and footnotes, should be merged in the manuscript).

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Reference to GHQ letter no. 3543/242/DMS-5(b)-CPPHUJ dated 23 Aug 2017, the processing fee of Rs. 1500/- is to be paid at the time of submission of the article through demand/bank draft payable in the favour of PAFMJ-AMC account. It is further intimated that AMC/ADC officers have to

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